

禅の心  
静かなる  
心は  
静かなる  
心は  
静かなる

# The Great Unraveling

The Book of Serenity



白雲居士  
印

Zen Book Three

*The*  
*Book of Serenity*

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*The Great*  
*Unraveling*

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*Zen Book Three*

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# *Dedication*

To the Zen masters of old  
who preserved the message

To my beloved *Sri Nisargadatta Maharaj*,  
a modern day messenger

# Watch Your Step

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## *A Word of Caution*

**Nisargadatta Maharaj:** “Question everything, don’t believe anything.”

As you are about to go through this book please note that nothing you are about to read is true. It is merely words which represent things which do not exist.

Please do not fall into the trap of words.

Recall two Archetypes, (Current in the ocean that form Waves, then foam, (the “I”, and bubbles).

The First Archetype is of the “*Genie in the Lamp*”. In this current the right words, (magic words) must be said, (chanted) for the genie to appear and grant your wishes, (kind of like mantras).

The second Archetypal current is *Using a Treasure Map to Search for the Buried Treasure*. Kind of like a spiritual paths searching for enlightenment, (the holy grail) of the “spiritual quest.

Why is this important to remember as we tread through this series of books? Because all pointers and metaphors are using words which represent and describe things which do not exist. In short, Don't fall into the words and language games.

Finally, be aware of regressed tendency forming precognitive traps that offer pleasure and rewards for understanding and learning the words and their meanings. This deeply imbedded current assures only more craving and a fixation on learning more and more words to have more and more experiences with the belief that both experiences and words/understanding will lead to the ultimate experience, termed some form of "Enlightenment".

**Nisargadatta Maharaj:** *"...all experiences will lead you to is more experiences...expect nothing from experiences..."*

As we will see Koans are designed to break the language patterns, BUT, throw the thorn away, otherwise you will fall into the trap of words and the joy of learning and experiencing their meanings.

With Love  
Your Mirage Brother  
Stephen

*Without an "I" state  
Without a no-"I" state*

*Without the state called Identity  
Without a state called no Identity*

*All just states*

*Without a state called reality  
Without a state called Not Reality*

*No state of illusion  
No Not state of illusion  
No Illusion*

*No states  
No Not states*

*No appearances  
No not appearances*

*Don't believe in dream realms*

# Wave One

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## Stop Trying To Change

It is as it is

### **Buddha's Second Noble Truth (Updated):**

The cause of suffering is the desire to change things, to try to make them different, or hope they change

*The cause of suffering is suffering*

### **Buddha's Third Noble Truth (Updated):**

Stop trying to change things or hope or try to make them different then the way they are

Stopping trying to change things is  
stopping trying to change things

Without intension  
Without concern

*Enquiry Koan: "Without judgment evaluation or significance what is there to be desired."*

*Enquiry Koan: "Prior to the word nihilism what is nihilism?"*



# *Wave Two*

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## *Unpacking or Describing?*

**Zen Koan:** *The Emperor asked Bodhidharma, "What is the ultimate meaning in Buddhism?"  
Bodhidharma replied, "Vast emptiness, no holiness."*

*The Emperor asked "Who are you?"  
Bodhidharma replied: "I don't know?"*

Totally unpacking

**OR**

*Bodhidharma replied: Not knowing*

Totally describing the absolute

Without

# Wave Three

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## A Description of Not

Without an internal  
Without an external

Without form  
Without sensation  
Without perception  
Without conception  
Without consciousness

**Nisargadatta Maharaj:** “...*nothing perceivable or conceivable.*”

A description of Not

Without teachings or a teacher  
Without an internal  
Without an external  
Without the concept of location

*Enquiry Koan: Without the concept of location,  
where are you?*

# *Wave Four*

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## *Everywhere and Nowhere Simultaneously*

Everywhere a portal  
Everywhere an entrance  
All is it  
One shot

No portal  
No entrance

The conscious Wave  
The unconscious current  
Without the concept of conscious or  
unconscious  
Still water  
Water in a mirage

All states  
Your present state  
Right now  
An imaginary state

An imaginary being

Everywhere a portal  
Everywhere an entrance

No portal  
No entrance

All is it  
**MU**  
One shot

Nowhere

# Wave Five

---

## *Naming Perceptions*

**Zen Koan:** “Why did Bodhidharma sit staring at a wall for nine years?”

Because he did

“What was he expecting to get?”

Nothing

*and what was he doing?*

Staring at a wall

A dog is barking

The sun is shining

A teacher is teaching

A student is listening

As long as a perception is there

We call it the sun shining, but there is no sun  
shining it is the name of a perception

We hear a dog barking, but there is no dog barking  
it is the name of a perception

We see a teacher teaching but there is no teacher  
teaching it is the name of a perception

We see a student listening but there is no student  
listening it is the name of a perception

It's the same for everything

Be careful of fear

Be careful of love

Nobody knows why anything happens

Nobody knows why anything happens

Nobody knows why anything happens

Anything that happens is the name of a perception

# *Wave Six*

---

## *Naming Perceptions Again*

Right is wrong

Wrong is right

Without a perceptual illusion called a story  
We would not know who we were or that we were

Without a perceiver

We would not know who we were or that we were

Anything that happens is the name of a perception

All that is or appears to be is the name of a  
perception

The concept of a perceiver and a perception is a  
thorn to remove a thorn

# *Wave Seven*

---

## *Prior to Words*

*Enquiry Koans:*

*Prior to words is there sutras?*

*Prior to words are there teachings?*

*Prior to sound and no sound is there Teachings?*

*Prior to perception is there a Buddha?*

*Diamond Sutra, (variation) We refer to it as a  
Buddha, but there is no Buddha*



# *Wave Eight*

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## *Difficult To Pass Through*

*Called A Nanto Koan meaning difficult to pass  
through*

(Also appearing in the Gateless Gate  
Wave Two)

A realized being is not affected by cause and effect  
Fuck me

A realized being is not blind to cause and effect

Zenist's believe in integration  
Two levels That and this

Advaitins are without levels  
Without integration

Prior to words neither are

*Enquiry Koan: Is there Advaita prior to the word  
Advaita?*

*(hint: Advaita is a concept)*

A philosophy or a reality?

For the former, (Zenists), maintain two levels, and  
do not be blind to cause and effect  
No surprises

For the later, (Advaitans)  
An illusion within the bubble-dream  
A nightmare of consequences  
A surprised fall

Caution is control and holding on to a state

In-between the two lies confusion  
A broken chain of the spine of the heart

See what staying with this brings

Without bringing  
No receiving  
No inviting  
No ignoring

The illusionary break in the spine of the heart.

# Wave Nine

---

## Underneath Labels

Without the label of life and death  
Without the perception of life and death

“Underneath” all is the same and NOT

*Diamond Sutra, (variation). We refer to it as life and death, but there is no life or death.*

**Nisargadatta Maharaj:** *“There is no birth there is no death... it’s all a concept, it’s all an illusion.”*

# *Wave Ten*

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## *Without Seeing*

Straight ahead  
In front of your eyes  
Without seeing  
Without connection to words or deeds  
Under your feet  
Without feet

To obvious to be seen when a seer is looking

Without seeing

## *Wave Eleven*

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# *The Light of Awareness*

Seeing something as something  
The light of awareness shines  
The delusion of isness persists

The path remains unforgotten  
The light of awareness still shines  
The delusion of isness persists

What is wrong?  
The light of awareness is shining  
The delusion of isness persists

Enquiry Koan: What is it that has no light of awareness?

# *Wave Twelve*

---

## *Unperceived*

Without perception the world dissolves

**Nisargadatta Maharaj:** *“Eight days prior to conception or 1000 years back, who were you.”*

All collapses without perception

No current

No

Wave

No bubble

No ocean

# *Wave Thirteen*

---

## *One Eye, Without*

The Dharma eye  
One eye  
Without oneness  
Formless form  
The knower and the known are one and the same  
Neither are

There is no separation between  
There is no action

*“Not knowing”, Bodhidharma’s description*

Without eyes, ears nose and mouth  
Without sound or no sound

**Nisargadatta Maharaj:** *“Whatever you say it is, it isn’t.”*

*Enquiry Koan: What is prior to sound and no sound  
OR What if anything is prior to no sound and no not  
sound?*

# *Wave Fourteen*

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## *Meeting and Bursting*

**Nagarjuna:** *“There is no coming  
There is no going”*

Meet a poet with a poem, a warrior with a sword

Without a teacher or a teaching  
Who teaches, who learns

The dream bubble bursts



# *Wave Fifteen*

---

## *The Illusion of Integration.*

The delusional seductive trap of insight leaves the belief that insight liberates creating an on-going insight loop

**Integration**, a miss-taken Zen and psycho-spiritual understanding illusioning an imaginary “I” person along with an imaginary “I” person which integrates

Refer to all persons places and things as  
perceptions  
Perceptual illusions  
Imaginary states

**Nisargadatta Maharaj:** *“You are not a person.”*

*Enquiry Koan: “How can an “I” which is not, integrate and become something?”*

Can the sun integrate heat?  
The night integrate darkness?

The standard of integration and the ideal spiritual  
is a delusion within the dream bubble realm.

Forget standards of behavior  
You are That already  
You cannot become it

Being and becoming reside within the delusion of  
beingness contained within the dream  
bubble realm

Being and becoming reside within the delusion of  
beingness contained within the dream  
bubble realm

# *Wave Sixteen*

---

## *Consciousness*

Right is wrong  
Wrong is right  
Without a fixed position  
Consciousness

Without approval for achievement  
Without acknowledgement or recognition  
Consciousness

Approval is disapproval  
Recognition is abuse

Without discrimination  
What more could be said  
Certainly nothing could be understood

Consciousness

# *Wave Seventeen*

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## *Not Knowing*

Difference is an illusion  
Oneness a seductive delusive catastrophe  
A holographic re-coagulation  
Non-duality a  
Wave station  
Don't get off

The Holographic universe appears through its  
opposite

Separation is a perceptual illusion  
Oneness a perceptual confusion  
Non-duality a  
Wave station  
Don't get off

The separation is universal delusion  
The compulsive oneness spiritually regressed  
Non-duality a  
Wave station  
Don't get off

When these are no more then nothing is realized  
Without the standard or concept of a realizer or  
realizable or realization

Realization and delusion are illusions in the  
dream-bubble-realm

When the point of view vanishes  
When the bubble bursts  
You are no more  
However you might not know it

**Buddha:** *“You might not necessarily be aware of  
your own enlightenment.”*

# Wave Eighteen

---

## The Name of a Perception

**Zen Koan:** (*variation, slightly modified*) A dog with  
Buddha nature

*How did it get into the skin bag?*

It did not, the illusionary skin is the  
boundaries of a bubble

The bubble is a metaphor  
The skin a perceptual superimposition  
A label  
A patch  
A portal to be peeled away  
Don't go in

To presuppose skin boundaries and try to rid  
yourself of it is impossible

To presuppose skin boundaries and try to rid  
yourself of it is impossible

Realize the underlying principle  
A thought imagining itself lying in a skin bag

A dog is not a dog, it is called a dog  
The name of a perception  
happens to be called a dog

Without, there are no perceptions nor actions

**Nisargadatta Maharaj;** *“There is no karma,  
(movement or activity), in the state of Parabrahma.”*

A dog is not a dog, it is called a dog  
The name of a perception

A dog is not a dog, it is called a dog  
The name of a perception

A dog is not a dog, it is called a dog  
The name of a perception

The knower is not a knower, it is called a knower  
The name of a perceptual occurrence

The state you are in right now is not you, it is  
called a you  
The name of a perception

***A self or “I” is a state***

The waking state now is not the waking state  
The waking state is called reality and the waking  
state  
The name of a perception

*Buddha Diamond Sutra, (modified), We refer to it as  
the waking state, but there is no waking state.*

*Enquiry Koan: If there is no waking state it is just  
the name of a perception, then where are you?*



# *Wave Nineteen*

---

## *Imaginary States Called Beings*

Without doership or authorship  
Without a source or creator  
Without an origin a beginning or a source point

Where does it start?  
your ass  
your elbow  
The seer or the seen?

None are prior to perception  
None are independent beings or beings for that  
matter

Imaginary states called beings  
Imaginary states called beings  
Imaginary states called beings

Maybe reflections?

But only as a reflection in the illusionary water in a  
metaphoric mirage

The illusionary Buddha in the realm of a dream  
mirage

**Zen Koan:** *“No Mind, No Buddha”*

No Mind

The Mind concept is only an illusionary reflection  
in the illusionary water of a mirage

The mind concept is only an illusionary reflection  
in the illusionary water of a mirage

The mind concept is only an illusionary reflection  
in the illusionary water of a mirage

# *Wave Twenty*

---

## *Without Manifestation.*

*“Not knowing”*: the ultimate deconstruction  
The Ultimate description of “That”

Everything manifesting as That is a miss taken  
concept drawn from an idea

*Without manifestation*

*Buddha The Diamond Sutra: “ We refer to it as a  
world, but there is no world.”*

*There is no such thing as manifestation  
cuts through and destroys the manifestation  
concept and all that goes with it*

Don't be drawn in

Otherwise “you” will believe in the attachment  
concept and be seductively deluded into all that  
that state brings

Beware of believing or believing in believing  
Because believing has nothing to do with anything  
Beware especially of what makes sense

# *Wave Twenty-One*

---

## *None Are*

A later abstraction  
A judgment placed upon a description referred to  
as a situation

What is is  
Its all the same “from” the absolute  
None are

No such thing as a situation or the universe

# *Wave Twenty-Two*

---

## *A Particle of Dust*

A particle of dust is required for the universe to be

Two is one

One is two

Words representing the non-existent

A particle of dust is required for the universe to be

Fear holds the universe together

“I don’t know”, burns it to the ground

Without right or wrong everything collapses

No positions

As the Absolute there is no such thing as (fill in  
the blank)\_\_\_\_\_

A particle of dust is required for the universe to be

# *Wave Twenty-Three*

---

## *Still the Absolute*

“Before” was the Buddha?

**Nisargadatta Maharaj:** *“Eight days prior to conception or a 1000 years back, who were you?”*

Your original face  
One hand clapping

The absolute takes the shape of its container  
Still the Absolute

Pain arises  
Still the Absolute

Love disappears  
Still the Absolute

What world are we talking about  
Still the Absolute even before the Buddha  
container was

# *Wave Twenty-Four*

---

## *A Particle of Dust Is an Absolute*

Without difference or sameness

No "I" "I" without  
The Absolute appears and the "I" dies

**Nisargadatta Maharaj:** (slight paraphrase) *What you call death in common parlance is the death of the I am.*

*A particle of dust is the absolute*

No reason to fear  
Without fear  
The universe vanishes

*A particle of dust is the absolute*



# *Wave Twenty-Five*

---

*“What Is?,”  
“What Isn’t?”  
--- Neither*

What is the Absolute formless mind?

The mind is not  
The formless mind is not

You cannot catch the mind with a conceptual  
boundary  
You cannot catch the formless mind with a  
conceptual boundary

You cannot catch the Absolute with a conceptual  
boundary

*Enquiry Koans:*  
*“What is?”*  
*“What isn’t?”*

*Neither*

# *Wave Twenty-Six*

---

## *On What Does Light Depend?*

Water is colorless  
White without light is Void of color  
As light is a visual perception  
Not Buddha has no color  
All perceptions good or bad  
high or low right or wrong are dependent upon the  
colorless color  
Metaphorically color appears to be white on the  
white canvas  
Metaphorically the color wonders,  
“Who am I?”,  
“What am I?”  
“How did I get here?”.  
The canvas is the canvas  
Without light-white  
  
The color is dependent upon the illusion of light  
which produces white

*Enquiry Koan: What is light dependent upon?*

# *Wave Twenty-Seven*

---

## *Not Zero*

(Also in the Gateless Gate  
Wave 26)

**Nisargadatta Maharaj:** *“All is plus and minus...  
equally zero...”*

**Maharaj:** “There is no gain there is no loss.”

A description of the Absolute or a fact?  
Not Zero

# *Wave Twenty-Eight*

---

## *A Holographic Re-Coagulation.*

Without fixed positions  
Without hanging onto being or non-being  
The space between implores examination

A holographic re-coagulation

**Nisargadatta Maharaj:** *(paraphrased) stay in the gap before beingness turns into nonbeingness, and non-beingness turns into beingness*

In the space between, enlightenment is not nor is unenlightenment

Enquiry Koan: Who is the knower of this state between being and non-being?

# Wave Twenty-Nine

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## Stuck Pointers

The teachings: Ultimately a distraction

Teachings describing what isn't

If the medicine is not correct the patient can get  
sicker

Miss diagnosis and over using pointers  
(techniques, mantras, yantras, tantras) make for  
stuck pointers

When pointers are overused past their expiration  
date dogma prevails into fundamentalism  
The rigidity of should's  
Fixed ideas and positions

An iron Ox cannot move  
Fixed positions imagining they should be fixed  
A promise of enlightenment  
The reward for one-pointed blindness  
A promise of enlightenment

Blind Faith with hope  
A bitter combination

The promise of enlightenment becomes a  
guarantee of eternal bliss

The Iron Ox remains stuck without any movement

Appreciate the pointers  
Throw away the should's of always place and  
position

Without rules  
Without right or wrong  
Without discrimination

When the "I" dissolves the body is an empty  
corpse  
Only illusionary consciousness remains  
although unnoticed

Pointers used after their expiration date become  
stuck pointers yielding dogma, rigidity and  
fundamentalist positions

The reward for one-pointed blindness  
A promise of enlightenment

Blind Faith with hope  
A bitter combination  
The promise of enlightenment becomes a  
guarantee of eternal bliss

Throw the thorn away before it goes bad

# *Wave Thirty*

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## *Without a Knower*

Without creation  
Without destruction  
Without a knower

*Enquiry Koan: Without a knower what is the same or different even mean?*

*Enquiry Koan: When the knower and the known are one and the same, who knows what?*

Without a knower what are we talking about?

# *Wave Thirty-One*

---

## *No One*

The illusory world first appears to appear  
Then consciousness

Upon realization it is reversed  
First consciousness then the world

Finally neither  
No individual  
No one  
No consciousness  
Only the absolute

Without



# *Wave Thirty-Two*

---

## *The Void Curtain*

What appears as subjective is mind  
What appears as objective is mind

Without either form or emptiness the mirror is  
smashed

There is no such thing as mind

Don't fall for the form  
Don't fall for the emptiness  
Don't fall for the emptiness  
Don't fall for the emptiness

There is no such thing as mind

Tear the mind's curtain of Void

There is no such thing as mind

Tear the mind's curtain of Void

# *Wave Thirty-Three*

---

## *The Illusion of Freedom and Bondage*

Without distraction  
Escape from the net of mind

Remember the story of entrapment and escape  
Freedom and bondage are part of the illusion  
A bubble  
A realm

Without the mind concept  
Without the dream fairy dust called  
consciousness, awareness or whatever  
Without the dream story  
Without the illusion of a perceivers lens

Without the dream fairy dust of light called  
awareness  
Without the dream fairy dust of light called  
awareness  
Without the dream fairy dust of light called  
awareness

**Nisargadatta Maharaj:** *"Its all a concept, its all an illusion."*

*Unawareness*  
*Not awareness*  
*Unawareness*  
*Not awareness*

# *Wave Thirty-Four*

---

## *It All Must Be As It Is*

Everything supports everything else  
Everything is everything else  
Everything is interdependent with everything else

Love, hate, fear courage holds the universe  
together  
They all must be as they are for the universe to be  
as it is  
A particle of dust

Interdependent

A grain of sand is as significant as “I”

**Nisargadatta Maharaj;** *“You are like grass  
growing.”*

# *Wave Thirty-Five*

---

## *Skull Consciousness, Perceptual Reversal*

**Nisargadatta Maharaj:** "...no you, no me, no  
you, no me..."

With skull consciousness perceptual appearances  
Sometimes as the same  
Other times with differences  
Other times as they are  
Constant change

Still skull consciousness perceptual Illusions  
Reversal

Spiritual practice  
Preparation or entertainment?

Why discuss their meaning or significance?

Skull Consciousness, Perceptual Reversal

# *Wave Thirty-Six*

---

(See Blue Cliff Records  
Wave Three)

# Wave Thirty-Seven

---

## A Temporary State Named Self

As long as there is an “I” activity will never *appear*  
to end

Without anything to depend upon or define there  
is only one seamless flow  
Uninterrupted

The “I” too, along with your experience of self  
RIGHT NOW is part of that seamless flow  
although it appears not to be

There is no self or soul separate from the seamless  
flow

Do not expect a self or original self to emerge from  
somewhere

The more you look  
The more you think you will find the elusive  
You won't  
Why?

Because there is no such thing as a self

Nothing to depend upon

All activity ends when the self dies  
The current stops

Nothing a you can do about it  
The current stops

Metaphorically the current stops  
The mirage vanishes and so do you

**Nisargadatta Maharaj:**” *There is no karma,  
(movement or activity), in the state of Parabrahma*

With nothing to depend upon  
And no such thing as a self

*Enquiry Koan: On what does activity depend?*

The self you are experiencing right now is a  
temporary state

Don't imagine it or you will get gain or loss  
Don't imagine it or you will have THE  
EXPERIENCE

A Temporary State Named Self  
No Seamless Flow



# *Wave Thirty-Eight*

---

## *The Light Goes Out*

Defining yourself through the mask of perception  
the senses validate your claim

With consciousness as its substance  
With awareness as its light  
The non-existent person which is merely a state  
believes it is and is permanent  
“As if” it was, is, and will always be there

The mind concept solidifies  
The person illusions existence

Without I-dentities  
Without definitions  
The state called person begins to dissolve

Without the mask of perception  
No mind  
No state of person

The fairy dust of consciousness scatters  
The light of awareness goes out

Nirvana means extinction

# *Wave Thirty-Nine*

---

## *Names Given To Non-Existent Perceptions*

All actions are equal to all actions  
Significance a delusional  
Wave  
An organizational structure

Here is there  
There is here  
Location is a perceptual concept

Hate is love  
Love is hate  
Names given to a non-existent perception

Spiritual is profane  
Profane is spiritual  
Names given to a non-existent perception

Lying is truth  
Truth is lying  
Names given to a non-existent perception

Without distinctions  
Specialness vanishes

Without significance  
No distinctions  
No specialness

Without significance  
Without distinctions  
Without specialness  
Define your actions

Significance a delusional  
Wave  
an organizational abstracted-structure

We refer to it as significance and an abstracted  
organizational structure  
Just the name given to a non-existent perception

Names given to a non-existent perception  
Names given to a non-existent perception  
Names given to a non-existent perception

# *Wave Forty*

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## *The Absolute Is Not Awareness*

Without perception or a perceiver the absolute  
“resides”

Without vision or hearing, the absolute

Without is or not is, the absolute

The question unheard is answered the answer  
unspoken is heard

Miss understood it seems like nonsense

However the light of awareness which holds  
consciousness like a mother to its breast cannot lie

The absolute is not awareness  
The absolute is not awareness  
The absolute is not awareness

# *Wave Forty-One*

---

## *There Is No Now For You*

The non-existent abstracted mind is very tricky

It makes the past seem like the present, and the  
future seem like now.

As there is no now, you have already missed it  
There is no such thing as now

***“There is no now for you”***

Without a you  
There is no illusionary state of now  
Only “That” which isn’t

You cannot grasp it or experience it

Once realized the apparatus breaks

***“There is no now for you”***

# *Wave Forty-Two*

---

## *Without Form*

The original face, a linguistic sucking in

Your original body

A poor metaphor

A tendency to imagine boundaries

An anthropomorphic superimposition

Formless

No body

Without form

# *Wave Forty-Three*

---

## *An Imaginary "I" State*

Arising and subsiding  
Arising and vanishing  
Either or both demands an imaginary "I" state  
A state called self

The imaginary self  
A state  
Part of the arising-subsiding-vanishing

Without a self, who would know of such things

# *Wave Forty-Four*

---

## *Meet Me There*

When the absolute reveals  
All disappear

Should something appear or arise  
The absolute extinguishes it without noticing

*Like Krsna says, (paraphrased), focus on ME,  
(Consciousness) and withdraw all senses is yoga, like  
a turtle withdrawing its limbs*

### ***Meet me there***

**Nisargadatta Maharaj;** “*Forget me, forget  
Maharaj, forget the teachings, stay in the  
consciousness as a portal to the Absolute.*”

Keep yoga (yoking), until the concept of yoga  
(union) is no more.



# *Wave Forty-Five*

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## *Don't Forget the Not Part*

Without thoughts  
Without no thoughts

Without reality  
Without no reality

Without knowing, knowing about or a knower  
Without not knowing, not knowing about, or a not  
knower

Without an "I"  
Without "no-I"

Without a self  
Without a not self

***The not part*** is key and often neglected bringing about holographic re-coagulation and devastation

# *Wave Forty-Six*

---

## *A Portal To Nowhere*

Realizing you are what you are  
The ultimate surrender

Attention focuses on and becomes the felt sense  
that you are  
Consciousness abounds

**Nisargadatta Maharaj:** *“Hold onto the I Am, let  
go of everything else.”*

You have got to be kidding me  
More obvious than obvious  
No need to listen to, talk to, or fight with the self  
Even the illusionary self  
A portal to nowhere

Closer than your next breathe

# *Wave Forty-Seven*

---

## *“One” Without Perception*

**Monk:** *“What is the true meaning of ch’an, (Zen)”*

**Master Joshu:** *“A cypress tree grows in the yard.”*

**Monk:** *Master do not use objects to guide people.”*

**Joshu:** *“I am not using objects to guide people.”*

### **WOW**

One with perception  
“One” without perception

# *Wave Forty-Eight*

---

## *Entering the Non-Existent*

How to enter non-duality?

No how  
No non-duality

A figure of speech which has gone to far  
Requiring a non-existing perception to be believed  
and hoped for

Non-duality, a temporary station

Smoke and mirrors

# *Wave Forty~Nine*

---

## *Does a Dead Body Know That It Is?*

This is it?

**Nisargadatta Maharaj:** (*paraphrased*), *does a dead body know that it is?*

Without knowing or not knowing or even  
knowingness

No Fairy dust consciousness to mislead

No light of awareness to deceive

No right or wrong to miss lead

**Nisargadatta Maharaj:** (*paraphrased*), *Does a dead body know that it is?*

# *Wave Fifty*

---

## *No Here and Now*

The end to what is was and will be

The illusion was it would be added to your resume  
and pedigree

“This is it” is a perception

“Here” and “Now”

A name given to a perception

What it means

A perception plus another abstraction

Here and Now

No Here and Now

just the name given to a illusory perception

# *Wave Fifty-One*

---

## *No Transitional Journey*

“Arriving” is blind to this and only aware of That?

**Or**

Does this prevail and That remain background?

Neither are true as not a one knows

All words imply a non-existent transitional journey

*Enquiry Koan: Without words the senses, and  
without knowingness can you know yourself?*

**Zen Saying:** “Wisdom contains no knowledge.”  
(Hint:): *The Shiva Sutras:* “Knowledge is bondage.”

All words imply a non-existent transitional journey

All words imply a non-existent transitional journey

All words imply a non-existent transitional journey

# *Wave Fifty-Two*

---

## *No Seniority*

Form one side of the mirror  
Emptiness the other

*Enquiry Koan:* "Does form reflect the emptiness, or emptiness the form?"

(Hints):

*Without hierarchy*  
*Without superiority*  
*Without seniority*  
*Without an origin*

*Without the belief in a before during after or later*  
*Without the belief that earlier is higher or superior*



# *Wave Fifty-Three*

---

## *What Isn't*

No teacher  
No students  
No transmissions  
No enlightenment  
No delusion

**Zen Saying:** *"Bodhidharma never went to China."*

*(Hint:) Without perception  
No Bodhidharma  
No China  
No Went*

# Wave Fifty-Four

---

*All Are In the  
Dream, None Are  
Without the Dream.*

Enquiry Koan: "What has an infinite number of eyes  
but cannot see?"

Form with gaps is emptiness  
Emptiness with gaps reveals form

All pervasive, a bad use of words implying an *all*  
which is *pervaded*

As form is emptiness  
Emptiness is form  
Neither are

A realm  
A dream  
A realm  
A dream

# *Wave Fifty-Five*

---

## *Reverse Through the I Am*

The absolute appears  
quite suddenly and quite unexpectedly

Reverse through the I Am and disappear  
Nirvana means extinction

**Zen Koan:** (*slight variation*) *What is the last word?*

*Any answer will suffice*

Reverse through the I Am  
Reverse through the I Am  
Reverse through the I Am

**Ramana Maharishi:** *“Go back the way you came.”*

# *Wave Fifty-Six*

---

## *A Miss Taken Appearance*

The appearance of the world  
Miss taken for all  
Believed analyzed and theorized

How to get out?  
A path to liberation  
A fools gold  
Spirituality a fools errand  
Spirituality a seductive illusion

It's a dream

How forgetful, "I" always nest in the wrong place  
hoping wishing trying and expecting change or  
transformation idealized as enlightenment

First, there is no wrong place  
Next, there is no place

*Enquiry Koan: How can a world appear without the  
concept of place?*

# *Wave Fifty-Seven*

---

## *What is?*

Without thoughts  
Without the space

Without something  
Without not something

Without nothing  
Without not nothing

*Enquiry Koan: "What is?"*

# *Wave Fifty-Eight*

---

## *Not Awareness No Dream Light*

The past dissolves in the present moment  
All dissolve into zero  
Without Zero

The present naturally hates the perceived past

As soon as an illusory cause is postulated and  
believed it illusions an illusionary result

Quantum Psychology: *“All solutions based on a  
false conclusion are false.”*

All falling away  
A cinema without the illusory light of awareness

Not awareness no dream light  
Not awareness no dream light  
Not awareness no dream light

*Blow out the light*  
*Blow out the light*  
*Blow out the light*

# *Wave Fifty-Nine*

---

## *No Way Out, No Way In*

The dream is so believable  
You lose your life

No way out

Seeking leads to more seeking  
No way out

More pointers  
More delusion  
More confusion  
No way out

*Enquiry Koan: No way in either*

*No way in either*



*Wave Sixty*

---

*No Way*

Its right here  
All the same  
Without abstraction-transduction

No Way  
Way  
No Way  
Way

Without perception  
No Way

# *Wave Sixty-One*

---

## *No Cause of Causes*

Here is as good as “anywhere”  
Now is as good as any “time”

No place to start or finish  
No place for activity or rest  
“Inside” the realm it all seems so real

“Outside” the realm, there is no such thing as  
beginning nor end  
No point of entry nor point of origination

*No cause of causes*

“Outside” the realm without inside or outside

*No cause of causes*

**Nisargadatta Maharaj:** *“In the Absolute, I do not even know that I am.”*

**Buddha:** *“You may not necessarily be aware of your own enlightenment.”*

*No cause of causes*

# *Wave Sixty-Two*

---

## *Outside the Realm*

There is no enlightenment nor delusion

“Outside” the realm its funny to hear the word  
Buddha or say or hear things like, “*We are  
all Buddha*”, or “*How can a Buddha become a  
Buddha?*”, as it seems so unnecessary like adding a  
cup of wetness to the ocean

*Enquiry Koan; “Why is this true?”*

*(Hint: There is no you, “I” all or Buddha)*

# *Wave Sixty-Three*

---

## *No Leaving, No Returning*

Coming back to life after the great death is like  
speaking perceiving and acting in a dream of not  
knowingness

Immediate recognition of **Mu**

You never come back to life, nor did you  
ever enter or leave life

Leaving and returning is like untransduced sound

Noise without meaning

# *Wave Sixty-Four*

---

## *Without Noticing*

So many bodies

One body appears

The Absolute  
Without noticing  
Without a noticer

# *Wave Sixty-Five*

---

## *Not Buddha -Buddha?*

Backwards  
Upside down

Nothing realizes  
Without

Something remains  
A point of view  
Still Buddha

All is all  
Buddha is all  
With or without a point of view  
Still Buddha

Without a point of view  
Not Buddha  
Without without

Why try to be or do have experiences or produce

Still Buddha-Not Buddha?

*Enquiry Koan: Not Buddha is Buddha, Not Buddha  
is Not Buddha?*

# *Wave Sixty-Six*

---

## *Krsna Is Radha?*

Opening ones eyes Skull consciousness reveals

Opening the eye

No eye

No skull

Without consciousness

*Krsna*

With consciousness

*Radha*

*Krsna is Radha*

*Radha is Krsna*

**Nisargadatta Maharaj: (paraphrased)**

*“When I see myself as everything, (consciousness, (Radha)), that is love, when I see myself as nothing, (Krsna) that is wisdom My life flows, (pulsates(spanda)) between the two.”*

***Krsna is Radha***

***Radha is Krsna***



*The two are one  
Neither are*

# *Wave Sixty-Seven*

---

## *Upon Realization.*

Upon realization The Buddha (paraphrased)  
says, *All beings are awakened.*

Upon realization there are no beings

Upon realization there is no duality nor non-  
duality

Upon realization there are no such things as  
selves or things

Upon realization the bubble realm fades

Upon realization no bubble realm remains

# *Wave Sixty-Eight*

---

## *Mystery Schools?*

The sword of deconstruction continues  
Schools with delusions of grandeur flourish

Teachers and Gurus block the way  
The school certifies

*Enquiry Koans:*

*Without location where is Buddha?*

*Without space where can Buddha be found?*

*Without time, how can Buddha exist?*

*Without form how can the Buddha be known?*

*(hint: There is no such thing as light)*  
So much for manifesting, channeling or bringing  
in the light)

# *Wave Sixty-Nine*

---

## *The Absolute, No Points of View*

The absolute not awareness knows nothing of  
existence

All sentient beings know existence

Unfortunately, they are possessed with a point to  
view

A point to view from

A point in space-time with a location

The absolute not awareness has no point of view  
and no points to view from

The absolute cannot and is not something which  
can be brought into manifestation nor does it die  
and become manifestation

Imagining things are is the illusion by which all  
else appears to follow

The absolute knows nothing nor cares about the  
imaginary state and concept called existence and  
non-existence

# *Wave Seventy*

---

## *Layer By Layer*

Life being unborn is a lot to swallow for the  
immature

Inform them to quickly and they will burn like fire

Slowly layer by layer  
The Teaching Master knows who he dealing with  
and doesn't abuse the privilege

*Wave Seventy-One*

---

*The Mist Dissolves*

Without change  
Without growth or decay

A hazy mist with imagined images called all we  
know have known, and will know

Here is no hope  
There is no organization  
Discard the delusion of hope  
Discard the delusion of organization

The mist dissolves

# *Wave Seventy-Two*

---

## *Without Portals*

Through the portals of sense  
the mind appears to appear

With the mind the Buddha

While imagining you are  
“As If”

The Buddha is

Not Buddha is without Buddha  
Without portals



# *Wave Seventy-Three*

---

## *A Cool Mist*

A cool mist

Without the use of the body

Bodiless

No point of view

What remains?

What holds up the body?

*(hint: Its not being held up by anything)*

*A cool mist*

# *Wave Seventy-Four*

---

## *Always There, Without There*

Like the Wave resides in the current  
The current in the ocean  
All names and forms are there before their  
appearance

The Granite stone contains the statue before the  
sculpturer awakes  
Upon dreaming the statue takes form and a life  
appears

Waking up, the granite rock remains untouched

# *Wave Seventy-Five*

---

## *The Vanishing Mirage*

One is with perception  
One is not without perception

Location is with perception  
Location is not without perception

Neither are  
Both descriptions

Perception a thorn

The movement of the ocean  
Wetness the essence of water  
The wetness of water  
Water in a mirage

Without perception the mirage vanishes  
With perception the mirage seduces but never  
quenches thirst

## **Mu**

Mirage a thorn of description

# *Wave Seventy-Six*

---

## *The Primordial Advaita Mu*

To organize the mind is preparation?

To dissolve the mind a leap?

**Zen Koan:** “*No mind, no Buddha*”

Without Advaita

Without Advaita

Without Advaita

*The Primordial Advaita Mu*

*The Primordial Advaita Mu*

*The Primordial Advaita Mu*

# *Wave Seventy-Seven*

---

## *Never Filled*

Before the birth of mother and father  
Metaphorically-Symbolically one solid circle

Your original face  
One hand

A pre-mist  
Never filled

Without without  
Without without  
Without without

Without zero  
Never Filled

No such thing as filled

No infinity  
No zero

# *Wave Seventy-Eight*

---

## *Without a Soul*

In the realm bubble all is equal  
All is the same  
Although it appears different  
Un-fucking pack

Who is to say equal or unequal?  
Without a soul  
Without a soul

**Without a soul**

**Its about time someone said it**

**Un-fucking pack**

# *Wave Seventy-Nine*

---

## *No Return Trip*

Realization metaphorically on top of the 100 foot  
pole

Step and slide

Without fear or concern of missing the train for  
the return trip

All remains in the bubble realm

Without All

The earth remains under the pull of the sun

No return trip

*Enquiry Koan: From where does the sun and the  
earth appear?*



# *Wave Eighty*

---

## *Done*

Done, done, and done

# *Wave Eighty-One*

---

## *A Self Cannot Exist Without Time*

The illusion of a “present” disappears becoming  
the past

The “past” has no connection to the “present”  
The “past” has no connection to the “present”  
The “past” has no connection to the “present”

Even the “past” is experienced in the “present”

Yet there is no connection  
Beware of the illusion of an associational networks  
Beware of projective superimpositions

Without an illusionary “past” or “present”  
The future dies  
And so does all psychological states along with  
their abstracted explanations of cause  
A self cannot exist without time

The “past” has no connection to the “present”  
The “past” has no connection to the “present”  
The “past” has no connection to the “present”

What stories can you make up now?

A self cannot exist without time

# *Wave Eighty-Two*

---

## *Not Awareness Without the Light of Awareness*

The Way appears through the transduced concept  
of sound  
Beware

Form appears through the concept of light  
Beware

The Mind perceives its own reflection  
Not realizing

**Zen Saying:** *“The monkey grabs at the reflection in  
the moon.”*

Without the mind no light nor sound  
All would be same  
Without same

Without perception  
Not Awareness: Without the delusional light of  
awareness  
Absolute(ly)

# *Wave Eighty-Three*

---

## *Without Abstraction- Transduction*

Those who know who they are  
Those who do not  
Still all Buddha-Consciousness

**Zen Saying (slightly abbreviated):** “*The non-attaining Buddha.*”

Without abstraction transduction there is no  
relationship  
Nothing is related to or has anything to do with  
anything else

With abstraction transduction numerous states  
and experiences appear.

All states and experiences contain a combination  
of thoughts, memory, emotions, associations,  
perceptions, sensations and a body

All experiences must have and are in relation to  
something else.

Without abstraction-transductions no experiences  
No relations  
No reference point

**Nisargadatta Maharaj:** *“Expect nothing from experiences, all experiences lead you to is more experiences.”*

Metaphorically the sick believe their experiences  
and the conclusions they draw from them

Metaphorically the non-sick do not depend upon  
experiences and the conclusions that are drawn

Both Buddha  
Both Consciousness

Beware of the seductive delusion of experiences  
and their conclusions

**Nisargadatta Maharaj:** *“...expect nothing from experiences...”*

*“...expect nothing from experiences...”*

*“...expect nothing from experiences...”*

Creation and destruction are not

All experiences come with an experiencer  
Delusional  
Illusional

Seductive  
Hopeful wishes  
Looking for the ultimate permanent  
experienceable state  
The Ultimate confusion  
A junkie grabs for junk

*“...expect nothing from experiences...”*

*“...expect nothing from experiences...”*

A junkie grabs for junk  
A junkie grabs for junk  
A junkie grabs for junk

Without abstraction-transductions no experiences  
No relations  
No relationships  
No reference point



# *Wave Eighty-Four*

---

## *No Points To View From*

One finger  
Not one finger

One hand  
Not one hand

Original face  
No original face

Without location  
Without space  
Where can a point of view see from

No point to view from  
No point of view

# *Wave Eighty-Five*

---

## *Seeing Seamless*

Seamless  
Without breaks or gaps  
Non-local  
Instantaneous  
Without control

Beware of all perceptions  
The perceptual point of view sees things which are  
not there

Seamless is a subtle example of seeing things  
which are not there

# *Wave Eighty-Six*

---

## *Vanishing Without Shock*

From formless to form  
Quite shocking

From something to nothing  
A relief

Without the formless form  
Without the empty nothing

*Nisargadatta Maharaj Metaphor, (slightly paraphrased), ... The incense stick is like the body, the fire the consciousness. When the incense stick, (body) burns down, where does the smoke go?*

Vanishing without shock

# *Wave Eighty-Seven*

---

## *Without a Point of View*

Expression and no expression  
Two sides of one coin  
Perceiver dependent  
Deceiver dependent

Without a point of view  
Without a point to view from  
*Enquiry Koan: What or whom knows anything of  
this?*

Both expression and non-expression cling to the  
tree of beingness  
One feels good the other contained

Not knowing anything of this  
Without a point to view from  
Without a point of view

*Enquiry Koan: What or whom knows anything of  
this?*

# *Wave Eighty-Eight*

---

## *Not Knowing*

Not seeing  
From where is there to see?

Not knowing  
What is knowing?

Without positions or fixed points of view

Who sees what?

*Enquiry Koan: From where is there to see from?*

Not knowing

*Wave Eighty-Nine*

---

*Stop the Dreaming*

Without an inside  
Without an outside

The ground remains?

Although unseen imagine not its illusioned  
existence

Stop the dreaming

# *Wave Ninety*

---

## *What Is Being Perceived?*

Without the concept of space  
and location

Without time intervals and sequences

*Enquiry Koan: What can be said or taught, and by whom?*

*Enquiry Koan: What is actually being perceived?*

# *Wave Ninety-One*

---

## *Mu the Root*

Everything is dependent upon and has one root

**Mu**

Seeing the world as a dream-illusion

A thorn of detachment

There is a dream illusion

There is no dream illusion

**MU the root**



# *Wave Ninety-Two*

---

## *What Is It? MU*

*Enquiry Koan: "What is it that resides prior to emptiness and form?"*

**MU**

*Enquiry Koan: "What is it that resides prior to mountains, sea and air?"*

**MU**

*Enquiry Koan: "What is it that has nothing to do with experiences and knowing?"*

**MU**

# *Wave Ninety-Three*

---

## *Residing On Unawareness*

That which comes and goes: an illusion  
That which perceives and is perceived: an illusion  
That which explains and understands is a  
perceptual illusion

Treasure hunts are entertaining but are  
perceptions as are spiritual paths

“You” and “I” perceptual appearances

We and all come and go together  
We and all come and go together  
We and all come and go together

Even awareness is fools gold  
Residing on unawareness

We all come and go together  
Residing on unawareness

Not awareness  
Not awareness  
Not awareness

# *Wave Ninety-Four*

---

## *Without Buddha*

Metaphorically the ill: non-attaining Buddha  
Metaphorically the unill: the attaining Buddha

The ill imagines it serves the unill  
And by focusing on the unill the ill will realize

The nonattaining Buddha

The attaining Buddha

Still Buddha

**MU**

# *Wave Ninety-Five*

---

## *That Which Cannot Be Negated*

The dissolution of the imaginary self  
This, no matter how obtuse, is the imaginary self's  
playground

Still the Buddha nature's light called awareness is

The absolute  
A line  
Not this not this

That which cannot be negated  
Only described as Not This

Or

No such thing as

*Enquiry Koan: "What does That have to do with  
this?"*

# *Wave Ninety-Six*

---

## *This a By-Product of Vibration, One Vibration.*

Without an “inside” or an “outside”  
No entering or leaving the Gateless Gate  
As no such thing exists

Without a good or bad  
Without a higher or lower  
This a by product of vibration

One Vibration

*Enquiry Koan: What is there to raise your vibration  
to?*

This a by product of vibration  
One Vibration

A thought or position or point of view confuses the  
inevitable and hides that which never was

You are not is an understatement as it eludes to a  
you which realizes you are not  
Hiding That which never was

This a by product of vibration  
One Vibration  
No Vibration

# Wave Ninety-Seven

---

## *The Light of Awareness Goes Out*

Who can possess the jewel of realization?

Can it be earned?

Not likely

Actions with expectations of reward yield more  
actions with more expectations of reward

A vicious cycle

**Nisaragadatta Maharaj**; *“Anyone who imagines  
actions will bring about realization is deluded.”*

Not a one can have it, possess it or experience it

### ***Nirvana Means Extinction***

Can it be earned?

**Nisargadatta Maharaj** *when asked about  
spiritual practice, (sadhana) said, “One should effort  
and effort at there sadhana, then and only then will  
they realize that effort will get them nowhere.”*

Not a one can have it, posses it experience it, or  
earn it

You and it are consciousness so you have nothing  
to do with anything

You appear out of consciousness  
Consciousness did not appear from you

### **Nirvana Means Extinction**

*(Jokingly)* Before you leave don't forget to turn off  
the light of awareness

### **Nirvana Means Extinction**

### **The Light Goes Out**

### **Nirvana Means Extinction**



# *Wave Ninety-Eight*

---

## *Without a Soul To Know It?*

Without entering the world  
Unperceived

Perceived it is  
Unperceived with a touch of "I" it is assumed to  
be and remain  
An assumption leading Zenist to believe in Two  
minus one

**MU**

And Advaitins to believe in one minus two

**MU**

Without a soul to know it  
What is?  
What isn't?

# *Wave Ninety-Nine*

---

## *No Quantum Without a Perceiver*

Every atom appears to be  
Unperceived it cannot be  
Upon the appearance of a point to view it is

No Quantum without a perceiver

*Buddha The Diamond Sutra: (Slightly abbreviated):  
We refer to it molecules but there are no molecules.*

No body without a perceiver  
No Quantum without a perceiver  
No neuro-science without a perceiver

# *Wave One Hundred*

---

## *Without Considering?*

“See” existence without considering it existence

Without a point to view from or a point of view

*Enquiry Koan: Without words what does existence or non-existence mean?*

*Enquiry Koan: Is a problem a problem if it is not considered a problem?*

With each perception so many assumptions are  
made  
Isness  
Beingness  
Now-ness  
Am-ness  
Was-ness  
Will be ness  
The list goes on indefinitely

**Zen Saying**, (*with slight variation*): “Teach me a word which is not and has never existed.

See existence without considering it existence

Without a point to view from or a point of view

*Enquiry Koan: Without words what does existence or non-existence mean?*

*Enquiry Koan: Is a problem a problem if it is not considered a problem?*

There no such thing as zero

There no such thing as zero

There no such thing as zero

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